

**CARE OF THE NOSE AFTER SURGERY:**

- You will have some fatigue after surgery so rest for three days.
- Expect a small amount of bleeding for two to three days, use the drip pad as needed.
- You can use a few puffs of Afrin if there is any bleeding.
- Avoid blood thinning medications (i.e. aspirin, Motrin, ibuprofen, etc.), unless directed by Dr. Lano.
- You may have antibiotics or pain medications to take.
- Keep head elevated for one week, use two to three pillows at night. Don't bend or lift.
- Don't do activities that are strenuous or dusty or dirty.
- Use nasal saline spray (ocean or Ayr) in the nose three times daily.
- Use a bit of Neosporin ointment or Vaseline or Ayr gel in the nose three times daily.
- You will have to follow up with Dr. Lano within five to ten days after surgery.

**RISKS OF SURGERY:**

- Septal perforation (a hole in the septum)
- Change in the appearance of nose
- Bleeding
- Anesthetic risks
- Infection
- Other conditions may occur

**CALL THE OFFICE IF YOU HAVE ANY  
PROBLEMS OR QUESTIONS: 830.629.5830**